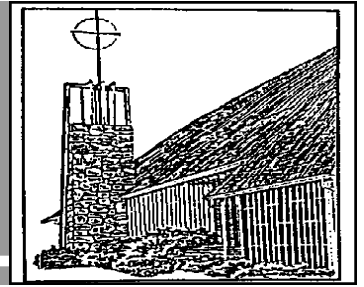


# The Pulse



A MESSAGE FROM PASTOR MARY ROBINSON-MOHR

Volume 39, Issue 2  
February 2007

What an outpouring of love you all have shown to me in the last couple of months! Saying “thank you” seems to be such a small way to express my feelings for the countless cards, calls, e-mails, words of encouragement, flowers, Frangos (mmmm!), and most of all prayers that have been sent my way by all of you. I know that the prayers continue, and they are all deeply appreciated.

It has been a rather unusual journey over the last couple of months. As many of you know, I have dealt with migraine headaches for about 20 years, and have had several diagnoses and treatments. It is only in the last few years that they have increased badly. My headache logs show that I deal with and hopefully manage migraine pain about 24 or 25 days each month. It was about a year ago that I had a special type of echocardiogram that revealed a hole in my heart (PFO), a condition that has recently been linked to frequent migraines.

Such a hole in the heart also has been linked to increased stroke risk. When I developed some strange symptoms along with frequent episodes of left-side numbness with the headaches in the first part of November, it looked like I would need to have a surgical procedure to close the hole. I then slowed down my activities in order not to precipitate episodes of numbness, and the surgery was scheduled as soon as the surgeon was available for Dec. 21.

What a surprise to everyone – including the surgeon and the neurologist at UW Medical Center that have worked with me since last April – to find during the surgery that I did NOT have a hole in my heart! Apparently I have an even rarer condition called “pulmonary shunting” that can falsely show the symptoms of a PFO during the tests given to diagnose a PFO. The nursing staff at UW had not heard of it before, so I was a bit of a curiosity to them. The good news is pulmonary shunting is relatively harmless, and does not carry the stroke risk of a PFO. The other good news is I will not have to live with a small metal implant in my heart. We can also cross this possible cause off the list, to join many other issues already crossed off my list of causes.

The down side of this is I still have the left side numbness and the frequent migraines. The neurologist is trying a few new medicines, and is exploring via MRIs if I have any pinched nerves or other causes in my neck area. By the way, there have not been any abnormalities shown in my brain (much to the surprise of some, I’m sure!), such as tumors or aneurysms. I am thankful for a family of medicines called triptans that are quite effective at managing migraine pain. I wish I could hand those back in time to my father and other migraine sufferers who had nothing at all to counter the pain of migraines in the

*continued on page 2*

St James Presbyterian Church  
910 14th Street ~ Bellingham, Washington 98225  
phone: (360)733-1325 fax: (360)733-1664 e-mail: stjpres@msn.com

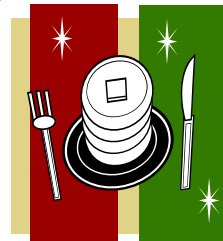
past.

Another good thing is that I am now sleeping quite well. About a year ago, the migraines tended to hit me between 2 a.m. and 4 a.m., disrupting sleep, and hitting especially hard with pain. Now, with some tweaks and additions in medications I am getting wonderful sleep almost every night, and without the aid of sleeping pills. So I consider that progress is being made, as slow and elusive as it is. When people ask me how I am doing, I will often say, "Fine," or "Very well." That does not mean that the migraines are not around. Instead it means that I really do feel that I am in a state of well-being. I really am doing well aside from the migraines. I attribute that to the hundreds of prayers that you have offered on my behalf, and that you continue to offer for me. It makes a lot of difference to me, and to Randy and to Susannah. Many, many thanks.

Grace and Peace,  
Pastor Mary

#### FAT TUESDAY PANCAKES & LENTEN ASHES

Come join us as we turn from our ordinary time to the season of Lent with a Fat Tuesday Pancake Supper followed by a Service of Ashes on Tuesday, February 20. The supper will begin in the Fellowship Hall at 6 p.m., and it will be followed at 7 p.m. with a Service of Ashes in the Sanctuary. The Service of Ashes will commemorate the beginning of Lent, which begins the next day on Feb. 21, Ash Wednesday. All are welcome to attend, and a suggested donation for the supper is \$3 per person. Come join us!



#### CALLING ALL WRITERS...

We are seeking St. James Lenten Meditation booklet writings from you!

Each year our members (and some friends) have written personal stories or theological/spiritual thoughts in preparation for Easter which are shared in a Lenten daily meditation booklet. This year Lent begins on February 21st and Easter will be April 8th, so we will need 47 entries. ...and everyone says, "Yes! I will be happy to help!"

You can sign up to write for one or two days by contacting Carla Shafer. She will have sign-up sheets on Sundays with Bible verses suggested from the Daily Lectionary. She looks forward to your help with this project. Our homebound members find the booklet to be an especially wonderful way to feel closer to St. James and others have commented how they always gather a tremendous amount wisdom from what is shared.

Let Carla know if you can help anytime at church on Sunday, via e-mail: [chuckanutsandstone@gmail.com](mailto:chuckanutsandstone@gmail.com), by cell phone: 360-961-2320 or home phone 360-676-5853. You can drop a note in the Clerk's mailbox outside the church office, it that's easiest for you. Let it be part of your personal preparation for the Easter Season.

#### FEBRUARY WORSHIP TOPICS

**February 4, 2007**  
Communion  
Boy Scout Sunday  
Souper Bowl of Caring  
Isaiah 6:1-8  
Luke 5:1-11  
"God's Choice"

**February 11, 2007**  
Jeremiah 17:5-10  
Luke 6:17-26  
"Renewal for Parched  
Souls"

**February 18, 2007**  
Transfiguration Sunday  
Exodus 34:29-35  
Luke 9:28-43a  
"Life at the Foot of the  
Mountain"

**February 25, 2007**  
First Sunday in Lent  
Deuteronomy 26:1-11  
Luke 4:1-13  
"Calling God"

---

**CHRISTIAN EDUCATION MARGARET VAN ZANTEN, C.E. DIRECTOR**
**"Gifts of Love"**

A wonderful book, *MUSTARD SEED PREACHING*, written by Ann M. Garrido, talks about children as theologians in the classic definition of Anselm of Canterbury: Theology is the work of faith seeking understanding.

Dr. Garrido lists nine characteristics common to early childhood that influence how a child hears and communicates the Gospel i.e. what they often call the GREAT NEWS.

February is the month the children and youth attend a "WE CARE" party. We will be making Valentines once again on Sunday, February 11th, right after our lesson in Church School, so that the deacons of the congregation can deliver these gifts to homebound friends and members of our faith community. Dr. Garrido would see this activity as demonstrating one of her nine characteristics:

**CHILDREN HAVE A DEEP DESIRE AND CAPACITY TO BE IN LOVING RELATIONSHIP.** Relationship- children teach us-is the most essential, the most beautiful, and the most real thing in the universe. It is their deepest need and, when it is met, it is their greatest joy. Because their capacity for relationship is so large, it can be difficult to satiate. The children's great hunger to love and be loved offers perhaps the best testimony we have to the foundational principle of Christian anthropology that humans are ultimately "wired" to be in relationship with God. For, only in God, does the child's need and capacity fully meet its match.

Children learn to love. The church joins parents, grandparents and teachers in creating a loving atmosphere where this intangible gift called "love" is experienced so that it can be shared:

**LITTLE CHILDREN, LET US LOVE, NOT IN WORD OR SPEECH, BUT IN TRUTH AND ACTION.**  
1 John 3:18




---

**YOUTH NEWS: "IT'S ALL ABOUT LOVE"**
**KATRINA LARSEN**

Love. If you ask me, it's a pretty overused word in our society. We *love* everything from potato chips to soccer to *American Idol*, to new running shoes.

But do we really know what love is? Sometimes when we overuse a word, it becomes cheapened, meaning that the word loses its impact. For example, do you love pizza in the same way that you love your mom or dad or best friend? I didn't think so! Love is a pretty sacred and holy concept. Love is what compelled Jesus to die on the cross for us. To me, that sounds a lot more serious than the way I feel about my new laptop!

Should you stop saying that you love your dog and your car and your favorite book? Not necessarily. At Youth Group this month, we're going to be talking about love. We're going to look at what the Bible says love is and what it isn't. We're going to think of ways that we can show God's love other people. We're going to examine the things that we love. We're going to grow deeper in our love for our church and our community. We're going to be challenged to love like Jesus loves.

One of the ways we will do this is through the Souperbowl of Caring on February 4<sup>th</sup>! We will be having a lock-in the night before the big day! We will also be selling sub sandwiches for \$5.50, so remind everyone you know to pre-order their subs to support our service projects coming up this spring!

Are you ready? Let's get started!

**COLLEGE LUNCH & BIBLE STUDY**

*Questions of Faith:  
Discussion following videotape presentation*

Come join us for lunch and Bible study at 12 pm right after worship, one Sunday each month.

**February 4**

**BACK SCHOOL FEBRUARY 4**

Young and old come and learn how to care for your back, make it strong and avoid pain now and in future years. Dr. Milton Schayes, retired (?) orthopedic surgeon, will lead the class and teach some non surgical techniques for strengthening and caring for one of our most important physical assets.

In the Fellowship Hall. Bring a healthy potluck salad, an open and curious mind and the Health Committee will provide some healthy supplements.

**CONGREGATIONAL LIFE COMMITTEE**

2007 promises to be a fun and busy year for St. James, and we would welcome new members on our committee! Or, maybe you're too busy to be a member of the committee, but are still interested in being involved - one way to help is to sign on to work for a specific project, i.e. Easter breakfast preparation, providing a lunch for College Bible Study or baking cookies for our Valentine's project. Currently, we are planning our Women's Retreat—this is a really fun project which offers several areas to be involved in and the outcome is always rewarding!



So, as you can see, there are many opportunities to choose from. To volunteer, or ask questions, call Barb Kilpatrick at 714-8165.

**TALL TIMBER ~ FEB. 22-25**

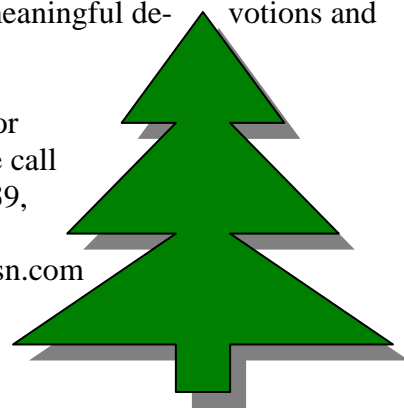
Calling all those who love the great outdoors, the gentle quiet and beauty of winter, and the opportunity to spend time away in a peaceful, spiritual setting! This year marks our 12th Annual Tall Timber Camp Congregational Winter Retreat.

Outdoor activities: Cross-country skiing, sledding, snow-shoeing, hiking, snow games, igloo building, snow tubing and the new snow skate park!

Indoor activities: Fellowship with friends from St. James, games, crafts, quiet time for reading and contemplation, good music, meaningful devotions and worship.

To register to attend and for further information, please call Patti Cromarty at 595-2639, or e-mail

medaniell135@msn.com

**2006 ANNUAL REPORTS**

The 2006 Annual Reports were presented to the congregation at the Congregational Meeting on Sunday, January 28. Session committees, Board of Deacons, Women's Association, and the Treasurer all prepared detailed reports of their activities in 2006. Also, an approved budget for 2007 was included.

If you did not receive a copy and would like one, please contact the church office!

**Sunday schedule**

9:00 Adult Class  
**10:30 Worship**  
 7 pm AA

# February 2007

**Church office**

Open Tuesday ~ Friday,  
 9-12, 1-4

733-1325  
 E-mail: stjpres@msn.com

SUN	MON	TUE	WED	THU	FRI	SAT
				1 12:30 pm Health committee 7:30 Chancel Choir 7:30 AA	2 2:45 pm Girl Scouts	3 10 am OA  Youth Group lock-in begins!
4 <b>Super Bowl Communion</b> Boy Scout Sunday "Back School" 12 pm College Bible Study	5 12:45 pm Cub Scouts	6 8 am Prayer Gr. 5 pm Stewardship 5:30 Al Anon 7:30 WA Gender Alliance	7 5 pm Mission & Social Action 6 AA Men	8 2 pm Membership 4 Staff 5 Christian Ed. 6 Worship 6:30 Cong. Life 6:30 Bell Choir 7 Women's Retreat planning 7:30 Chancel Choir 7:30 AA	9 6 pm Prime Timers	10 9-1 Church Work Party 10 am OA
11 Kids Valentine's Party  12 pm Deacons 7 Session	12 5:45 pm Girl Scouts	13 8 am Prayer Gr. 5:30 Al Anon 7:30 WA Gender Alliance	14 6 pm AA Men	15 6:30 pm Bell Choir 7:30 Chancel Choir 7:30 AA	16 2:45 pm Girl Scouts 6:30 Women's Agapé Night	17 10 am OA
18 5:30 pm Prayer Vigil for Middle East Peace	19	20 <i>Pulse</i> items due! 8 am Prayer Gr. 6 pm Pancakes & Lenten Ashes 5:30 Al Anon 7:30 WA Gender Alliance	21 <b>Ash Wednesday</b> 6 pm AA Men	22 4 pm Staff 6:30 Bell Choir 7:30 Chancel Choir 7:30 AA	23 6 pm Friday Night Social	24 10 am OA Presbytery @ North Creek Pres., Mill Creek
25 12 pm Building & Grounds committee	26 5:45 pm Girl Scouts	27 8 am Prayer Gr. 10:30 am Women's Bible Study 12 pm Women's soup luncheon 5:30 Al Anon 7:30 WA Gender Alliance	28 10 am <i>Pulse</i> Crew 5:30 Personnel 6 pm AA Men 6 Lenten Study begins	Tall Timber Family Weekend: Feb. 22-25		

## WOMEN'S ASSOCIATION

February 27**10:30 am Bible Study**

The sixth lesson in the 2006-07 Horizon Bible Study: "In the Beginning, Perspectives on Genesis."

**12 noon Soup Tasting Luncheon (in Fellowship Hall)**

Bring a friend, and a soup to share!

*Questions? Please call Phyllis Jones, 734-4504*

**PRAYER VIGIL FOR PEACE IN THE MIDDLE EAST**

Please join in an ecumenical prayer vigil for the Christian communities in Jerusalem, for all those who are suffering in the Holy Land, for Palestinians and Israelis, and for peace in the Middle East. All are welcome.



Sunday, February 18, 5:30 pm  
Unity Church, 1095 Telegraph Rd., 733-2270

**SUNDAY MORNING PARKING**

Four reserved (handicapped) parking spaces are designated in our front, 14th Street parking area. In addition to these designated spaces, we would like to save all of the 14th Street parking on Sunday mornings during the Worship Service for those who need level access and our first-time visitors. If you have no difficulty climbing stairs, please use the lower parking area or the Lowell playground lot. The Lowell lot is accessed off of Taylor between 14th and 15th. There is a stairway down to 14th at the south end of the area.

**ST. JAMES PRAYER CHAIN**

If you have a prayer request for the St. James Prayer Chain/E-mail Team call

**Linda Monroe at  
360-671-6594**

or e-mail her at **Lidale@aol.com.**

**CHURCH FAMILY NEWS**

- **Bob & Irene Rome** have an extra 17" flat screen HP computer monitor. Interested? Please call them at 671-5515.
- From **Martha Speer**, about her son **Ricky Hodgson**: Most of you know that Ricky is now in Iraq having departed Camp LeJeune January 6. He has called home a few times and would love to receive mail. So I am sharing his address with all of you. Feel free to drop him a line or package if you feel so moved. He is stationed in Falujah and should be there 12-14 months. His work involves computers and luckily he is assigned to the Command Center. This means he works on the base. Right now the weather is cold and wet. He keeps being told that he will melt in summer. He is obtaining an old bike and is glad as his bunk is about as far from the bathrooms as possible. [Note: RCT = Regimental Combat Team]

LCPL Hodgson, Richard  
RCT 6  
S-3, Unit 73805  
FPO AE09509-3805

*If you have news you would like to share with the St. James family, please submit it to the church office by the next newsletter deadline.*

**BIRTHDAYS & ANNIVERSARIES**

**February Birthdays**

\*\*\*

- 1 Margaret Rice
- 2 Martha Christensen
- 2 Jim Freeman
- 2 Jami Templeton
- 4 Allison Crandall
- 4 Laura Crandall
- 5 Evelyn Hatch
- 5 Janet Oakley
- 6 Ann Culbertson
- 7 Glenn Titus
- 7 Roy Hoffman
- 12 Sarah Baker
- 12 Tim Crandall
- 12 Colleen Reimers
- 14 Katherine Jackson
- 15 Amanda Anderson
- 18 Mel Reasoner
- 18 John Dobbie
- 18 Mary Eason
- 19 Vie Renard
- 20 Randy Bowers
- 22 Gail Haines
- 22 Tony Richter
- 26 Ralph Rinne

**February Anniversaries**

\*\*\*

- 1 Tom & Margaret McVie
- 16 Joe & Betty Pickard

**FROM THE INTERFAITH COALITION**

**Thank you for sharing Christmas joy with families in need.**

The need was even greater than in the past, and you responded. Thank you for giving Christmas to homeless families for whom December 25 would have represented another challenge and sad reminder of what little they have. Not surprising, parents in these families express a deep desire to offer some joy to their children on Christmas. As we know from our own experiences, presents bring children joy and, in turn, parents feel joyous. The generosity of your sponsorship was in providing gifts and a spiritual boost to every member of the family. In 2006, sponsors provided gifts to 80 homeless families, or 228 individuals. With the struggles of homelessness, domestic violence, unemployment, health issues, and other difficulties, the joy of Christmas you provide families is a wonderful reprieve and a reminder of the love that exists in our community.

**You're Invited to the Interfaith Coalition Choir Festival**

You are invited to the Interfaith Coalition Choir Festival, which will be held on Sunday, February 11th at 3:30 PM. Twelve choirs will sing individually as well as in a combined choir of over 300 voices. Tim Fitzpatrick, music professor at Western Washington University and the director of the Bellingham Chamber Choral, will be leading the combined choir. The wonderful concert of diverse spiritual music will be held at Assumption Catholic Church, 2116 Cornwall Avenue, in Bellingham.

The concert is free, with an offering to benefit Interfaith Coalition programs, which provide affordable health care for people in need and housing for homeless families.

**Interfaith Coalition  
2401 Cornwall Avenue  
Bellingham, WA 98225  
(360) 734-3983**

**WORSHIP TAPES AVAILABLE FOR LOAN**

Our morning worship service is audio-taped each Sunday. If you know of anyone who would like a copy of any recent service, please check one out in the church library.



**MONTHLY CHURCH WORK PARTY**



Winter has arrived!

Please join us for the monthly all-church clean-up landscaping ~ fix-it ~ workday:

**Saturday  
February 10: 9 am—12 pm**

Bring your favorite tools, and join us in maintaining our lovely church!

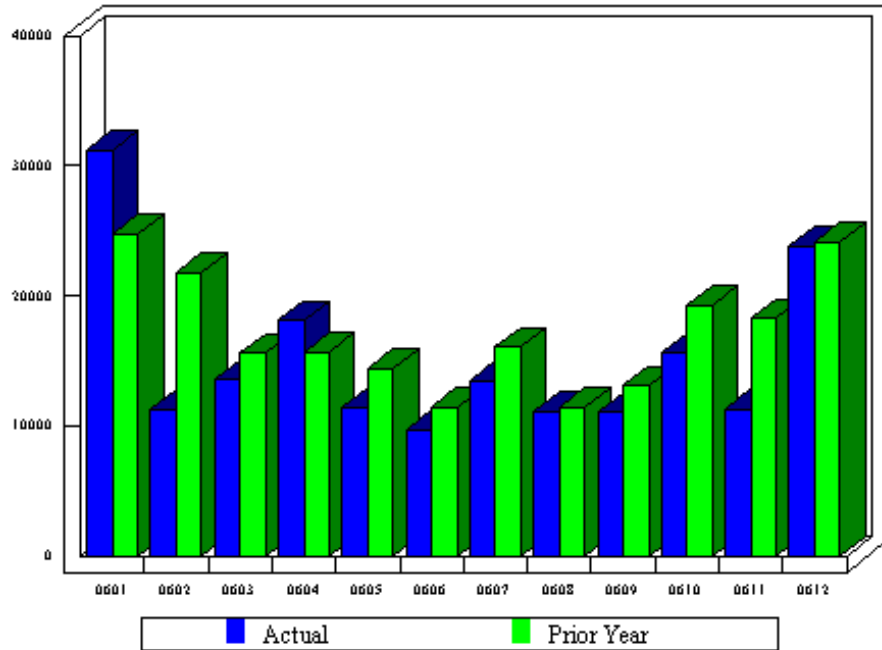
TREASURER'S REPORT

SALLY ALBERS

Thank you all for your faithfulness in supporting St. James! December was an amazing month for the general fund. Our income (\$23,834) was 66% higher than the average of the previous 11 months and we ended the year only slightly under the original budgeted income. Throughout the year the church staff and committee chairs were careful to keep their expenses at a minimum in line with our actual monthly income. So the Session will enjoy putting the unexpected surplus to good use.

The graph shows our income by month in 2006 compared to 2005. Your contributions make our work possible.

Income by Month 0601 - 0612



LENTEN STUDY (& SOUP!)

The Christian Education committee is planning a Lenten Study for Wednesdays (February 28, March 7, 14, 21, & 28). Soup will be served at 6 pm, followed by the study at 6:45. The book we will be working with this year, *Speaking of Sin: The Lost Language of Salvation*, is written by Barbara Brown Taylor. (Quoting the book jacket:)

*In Speaking of Sin, Barbara Brown Taylor brings her fresh perspective to a cluster of words that often cause us discomfort and have widely fallen into neglect: sin, damnation, repentance, penance, and salvation. She asks, "Why, then, should we speak of sin anymore?" And yet abandoning this language of sin will not make sin go away; it will simply leave us speechless before its effects and increase our denial of its presence in our lives. Ironically, it will also weaken the language of grace, since the full impact of forgiveness cannot be felt apart from the knowledge of what has been forgiven.*

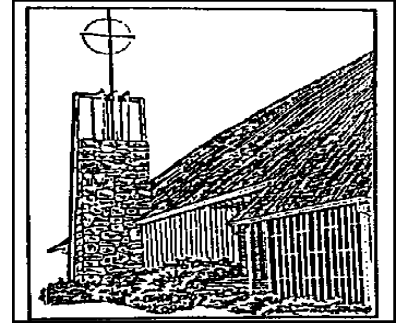
*Contrary to the prevailing view, Taylor calls sin "a helpful, hopeful word." Naming our sins, she contends, enables us to move from "guilt to grace." In recovering this "lost language of salvation" in our worship and in the fabric of our individual lives, we have an opportunity to "take part in the divine work of redemption."*

*Barbara Brown Taylor holds the Harry R. Butman Chair in Religion and Philosophy at Piedmont College in Demorest, Georgia. An Episcopal priest, she preaches and lectures widely throughout the United States, and is the author of a number of books, including The Preaching Life, Mixed Blessings, Gospel Medicine, Home by Another Way, When God Is Silent, and The Luminous Web.*



## THE ST. JAMES SANCTUARY AT 50 YEARS!

COMPILED BY RENÉE MEYER, SECRETARY,  
WITH THE HELP OF **BILL READ**, HIS MEMORIES,  
AND HIS HISTORICAL DOCUMENTS



On Sunday, February 10, 1957, the doors of the St. James Presbyterian Church Sanctuary were opened for the first time. The Chair of the Building Committee, Mr. John S. Read (Bill Read's father), presented the keys to The Rev. Morgan S. Odell, Ph.D., saying, "I deliver to you the keys of this building, erected for the glory of God, and for the Presbyterian Church in the United States of America, and pray you now to dedicate it for the worship of Almighty God." To which The Rev. Odell responded, "In the name of the Presbyterian Church in the United States of America we accept the keys of this Church, in token of the trust committed to us."

Thus began 50 years of worship in the sanctuary on 14th St. The previous building, located across the corner on 14th and Taylor, had become too small for the congregation. At the Annual Meeting on January 20, 1954, the congregation "authorized the formation of a Building Study Committee and appropriated \$1000 for the use of hiring an architect to develop a preliminary plan." A year later, architectural plans were presented to and approved by the congregation. A pledge drive in April 1955 resulted in \$75,000 to be used for the building of the new sanctuary; additional pledges in the months to follow covered all costs. (All told, expenditures would be near \$125,000.) Construction began in March 1956.

St. James has a long history in Fairhaven and Bellingham:

"In August 1883, Rev. B.K. McElmon, a Presbyterian Home Missionary, began preaching in a log schoolhouse in Fairhaven. However, by the fall of 1885, the population of Fairhaven had decreased and the worship services were discontinued until July 1888. The school building was destroyed by fire February 1889...

The First Presbyterian Church of Fairhaven was organized September 22, 1889. By this time, Rev. McElmon had organized other Presbyterian churches in Whatcom County, and he was the pastor of the First Presbyterian Church of Sehome.

C.X. Larrabee promised a [building] lot, upon the promise that within two years a church would be built there for not less than \$5,000. Nelson Bennett gave \$500 in lumber. While the church was being built at the corner of 13th and Columbia Streets, the congregation alternated with other denominations in a building called the "The Tabernacle," corner of 14th and Gambier Streets. The new church was dedicated June 22, 1890. ...

On March 14, 1917, the name was changed to St. James Presbyterian Church in order to avoid being confused with First Presbyterian on Garden Street." (Excerpted from "Looking Back: The Collector's Edition, Memories of Whatcom County / Bellingham", by Dorothy Koert and Galen Biery. Loaned to church office by Cheryl McGregor.)



Ground was broken for the second church on May 15, 1917. There was seating in the nave for 150, plus 20 in the choir, with additional room for 80. This church was dedicated on October 17, 1917. The cornerstone for the present church was laid June 3, 1956. Seating in nave for 276, plus 30 in choir, plus 90 in the balcony.

We hope to display documents and pictures relating to the 50 year anniversary of the St. James sanctuary on Sunday, February 11, in the Horizon Room.

## PEACEMAKING OPPORTUNITIES ~ TAKE A LOOK!

### REGISTRATION AVAILABLE

2007 Peacemaking Program Intergenerational Conference

Jesus: Proclaiming Peace

July 3-8

Montreat, North Carolina

<http://pcusa.org/peacemaking/conferences/2007.htm>

### CHRISTIAN WITNESS FOR PEACE IN IRAQ

March 16

Washington, D.C.

Worship at the National Cathedral at 7:00 PM Candlelight procession to the White House Prayer vigil and witness for peace in Iraq Pre-witness workshops and training Post-witness organizing and strategizing [http://www.sojo.net/index.cfm?action=action.cpw&item=cpw\\_main](http://www.sojo.net/index.cfm?action=action.cpw&item=cpw_main)

### NEW ON THE PEACEMAKING PROGRAM WEB PAGE

PeaceNotes Winter 2007 Issue

<http://pcusa.org/peacemaking/pubs/pubs.htm#1>

Leadership Memo Winter 2007 Issue

<http://pcusa.org/peacemaking/network/network.htm#memo>

### NEW FROM PRESBYTERIAN WASHINGTON OFFICE

November-December 2006 Wrap-up

<http://pcusa.org/washington/nov-dec06.htm>

### CHILDREN'S ADVOCACY

The Children's Defense Fund has announced a proposal to provide all children in the United States with access to health care, including the more than 9 million children who are currently uninsured.

[http://www.childrensdefense.org/site/PageServer?pagename=healthy\\_child](http://www.childrensdefense.org/site/PageServer?pagename=healthy_child)

### ECO-PALMS PROJECT

The PC(USA) Enough for Everyone Office announces the Eco-Palms Project that provides sustainably harvested palm branches for Palm Sunday. March 14 is the last date to an order in time for Palm Sunday 2007 (April 1).

<http://www.pcusa.org/palms/>

### FAIR FOOD

The Coalition of Immokalee Workers announces a major mobilization for farmworker justice, April 13-14, 2007, in the greater Chicago area.

- Major rally outside McDonald's global headquarters in Oak Brook, IL, Friday, April 13.

- Carnival and Parade for Fair Food, Real Rights, and Dignity - Saturday, April 14, in downtown Chicago.

<http://www.ciw-online.org>

**For questions or comments, send an email to <mailto:PEACEMAKING-owner@halak.pcusa.org>.**

**To learn more, visit <http://www.pcusa.org/peacemaking/>**

## PER CAPITA: WHAT DO YOU GET FOR YOUR MONEY?



# North Puget Sound Presbytery



PCUSA

Per capita pays for the operating overhead of the church at all levels beyond the congregation. It works like an insurance policy: the churches together provide services for congregations.

Presbytery, funded by Per Capita, engages, resources, encourages:

### **Network for help and resources.**

Easy access to experienced people: Web, phone, face to face with people.

Resource Center

**Mission: 100% of contributions go to recipient because staff is paid by per capita**

### **Helping Churches find, develop, support, leadership**

Finding pastoral & professional leaders

Requires a process of church-definition

Outside support for those leaders

Training all church leaders: clergy, elders and volunteers

Healthcare and Retirement Benefits

**Help during difficulty:** Conflict, Power Struggles, Personality Conflicts, Sexual Misconduct, Employment issues, etc.

Committee on Ministry

Executive Presbyter

Judicial system - Response, Investigation, Discipline

Experienced people

### **Corporate Affairs**

Property issues, records, financing, co-signing, backup

Liability, insurance, protection

Budgets, Audits, Loans,

legal issues and advice

Church Constitution - A safe ways to exercise power: advice, interpretation, accountability

### **Records and History**

Minutes, Annual Reports

Bylaws, Charters, Incorporations

History, photos, brochures, bulletins

Personnel records

Wills, bequests, legal cases, contracts

Correspondence

### **Presbytery Meetings and Agencies**

How the churches plan, agree, decide what to do together

Building of Relationships which will help in the future

**Etc. etc. etc. . . The collective wisdom of 35 churches for the benefit of each church.**

*Thanks to  
the Pulse  
Mailing  
Crew*

Maverette Butler  
Marion Dobbie  
Dottie Hager  
Pat Nelson  
Mel Reasoner  
Margaret Rice  
Inge Thurston

**The Pulse is published once per month, with the exception of the combined July/August issue.** Articles and announcements for the next issue must be **received** in the church office no later than Tuesday, **February 20, 2007.** That issue will be mailed Wednesday, **February 28.** If you have something that you would like considered for publication, call the church office at 360-733-1325, e-mail [stjpres@msn.com](mailto:stjpres@msn.com), put it in *The Pulse* box near the church office or mail it to:  
St. James Presbyterian Church, 910 14th Street Bellingham, WA 98225

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