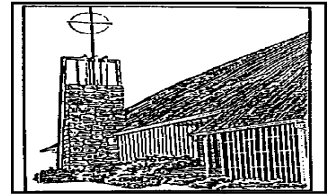


# The Pulse



Volume 37, Issue 6  
June 2005

## A MESSAGE FROM PASTOR MARY ROBINSON-MOHR

It seems that a lot of wacky stuff passes for news these days. Turn on your TV, and you can quickly get the latest update on celebrity court cases, along with the best guess on the strategy of the prosecution and the defense in those cases. If you tire of that news, you can be sure to find someone speculating about the breakup and the reshuffle of marriages of the glitterati. Then there is the large portion of attention given to what I would call “tales of the absurd.” These include stories that border on the outrageous, like the wedding of a former teacher to a student that she sexually abused.

But maybe the “real” news drives us to escapism. It is hard to take. The death and injury toll in the current wars mounts daily, diplomacy has become a lost art, violence against children continues in too many ways, and on it goes. How does our faith guide us through such depressing and misguided times?

In many ways! But just so I don’t start writing a book instead of a newsletter article, let me share with you a wonderful summary written by Paul: **hold fast to what is good.**

Saint Paul wrote his Letter to the Romans toward the end of his life. He had never met the Christians in Rome, but had hoped to be with them for a number of years. His Letter to the Romans is a type of introduction of Paul to this early church, and it contains an overview of Paul’s theology. In other words, Paul writes “the greatest hits of faith” to the Roman church.

Paul writes a long section in Romans about the joining together of two very different groups of people – Jews and Gentiles – into one single family of God. Then, following these words about laying aside differences and becoming something new together, he writes about the marks of a true Christian. I hope you will read this wonderful summary of what makes a Christian somebody different in this world. It is Romans 12:9-21. It is very much needed in our floundering and misguided world. It begins with, “Let love be genuine; hate what is evil, hold fast to what is good;...” and ends with, “Do not be overcome by evil, but overcome evil with good.”

The goodness of God and the love of God is the most powerful and transforming reality in all of creation, and it was never more crucial for Christians to choose to live in its light. Let us be God’s bearers of genuineness, of love, of compassion, of truth, and of goodness into a world that needs something real and wonderful to be its anchor. Let us choose to “hold fast to what is good.”

Grace and Peace, Pastor Mary

## JUNE WORSHIP TOPICS

### June 5

*Summer Worship schedule  
begins: 10 am Worship  
Communion  
Boy Scout Sunday  
Genesis 12: 1-9  
Matthew 9: 9-13, 18-26  
“Mercy, Not Sacrifice”*

### June 12

Graduate & Teacher  
Recognition  
Genesis 18: 1-15, 21: 1-7  
Matthew 9: 35 – 10: 8  
“Compassion and Joy!”

### June 19

Father’s Day  
Genesis 21: 8-21  
Matthew 10: 24 - 39  
“A Watchful Father”

### June 26

Genesis 22: 1 – 14  
Matthew 10: 40 –42  
“Blind Hope,  
Courageous Trust”



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## YOUTH NEWS BY MEGAN STAMPFLI

It's summer and it is time for some big events. Sunday school is over so remember that worship starts at 10:00 every Sunday. We will be having regular youth meetings this month from 4:30 to 6:00 until we leave for the mission trip on Saturday the 25<sup>th</sup>. On the 24<sup>th</sup> at 5:00 we will have a packing party with pizza. That night you should go to bed at 8:00 or do something lazy (like watch a movie or read) in the evening because we will be leaving at 3:00 am for the airport and you will be tired. We will be returning from the mission trip on Sunday the 3<sup>rd</sup>. If you would like to sponsor a missionary, forms will be available in upcoming bulletins. Sponsors will receive a postcard from the person they sponsor letting them know how the trip is going. It is a great opportunity to help our youth earn the rest of the funds for our trip as well as help the children of Miracle Ranch Orphanage. We would like to thank you for your continuing support with our trip, we are excited to help, learn, and grow as a group.

## VACATION CHURCH SCHOOL \* JUNE 27 ~ JULY 1

This year in Vacation Church School, children will journey on "Missions of Hope" to share God's promises. VCS is for children ages four years to those entering sixth grade. Uniting in this unique opportunity are: Assumption Catholic, Garden Street United Methodist, First Christian Disciples of Christ, First Congregational United Church of Christ, Sacred Heart Catholic, and of course St. James Presbyterian.

## GRADUATE RECOGNITION & TEACHER APPRECIATION SUNDAY – JUNE 12

Please note that Graduate Recognition and Teacher Appreciation Sunday has been moved to June 12 (opposite it states June 5). Bibles for third graders will be handed out this day. Please come and honor our students and teachers!

## CHURCH FAMILY NEWS ~ GRADUATES 2005

- \* **Laura Cheifetz** graduated from McCormick Theological Seminary on May 7th. Please check out the bulletin board in the office hallway for more pictures and an e-mail from her.
- \* **Sophie Burkland** is graduating from Sehome High where she founded and was President of the Anime Club, promoting creative drawing through animation and video game programming. She attended Washington Business week through two summers and is interning there this summer. Sophie will attend Western Washington University in September, majoring in Business. Her parents are **Peter and Susan Burkland**.
- \* **Courtney Todd** is graduating from Squilicum High where she was on the dance team for three years and participated in many school events. She has been a featured dancer at Wendy Setter's Dance Studio for the past eight years. Courtney is planning to take some time off after school to do some traveling, then plans on returning to Bellingham to work and attend Whatcom Community College. Courtney's parents are **Terry and Kari Todd**.
- \* **Brian Seater** is graduating from Sehome High where he was involved in Band and was the Yearbook Editor for two years. During high school he did volunteer work through Computer Wizards & instructed migrant workers in computer technology through the Whatcom Hispanic Organization; he also volunteered at the climbing wall at The Leading Edge. He has been involved in Boy Scouts since first grade, and in high school, served in every leadership position available in Scouts. Brian plans to attend Washington State University in the fall, majoring in Mechanical Engineering. His parents are **Rick and Jean Seater**.
- \* **Zach Mullen** is graduating from Bellingham High where he was President of the Orchestra, a member of Chamber Orchestra and a runner on the cross-country and track teams. For community service he tutored elementary students in Math and Science. Zach was named a National Merit Commended Scholar. Zach will attend Whitworth College in Spokane this fall, majoring in Secondary Education and School Administration. His parents are **Jim and Carolyn Mullen**.



Laura Cheifetz

*If you have news you would like to share with the St. James family, please send it to the church office. We would love to hear from you!*

# St. James Events Calendar

# June 2005

Every Sunday

10:00 am Worship  
12:30 pm Korean Worship  
7 pm AA

S U N

M O N

T U E

W E D

T H U

F R I

S A T

1  
7 pm AA Men

2  
7:30 pm AA

3  
7:30 pm AA

4  
10 am O.A.

5  
**10 am Worship begins!**  
**Communion**  
**Boy Scout Sunday**  
  
Youth Group  
4:30-6 pm

6  
12:45 pm Cub Scouts  
6:30 pm Boy Scouts

7  
6:30 am Prayer Group  
5 pm Stewardship  
5:30 Personnel  
5:30 AlAnon  
7 Gender Gr.

8  
5 pm Mission & Social Action  
5:30 pm Weaver's Guild  
7 pm AA Men

9  
2pm Membership  
4 Staff  
5 Christian Ed.  
6 Worship comm.  
6:30 Cong. Life  
7:30 pm AA

10  
6 pm Prime Timers

11  
9 – 12 Church Work Party  
10 am Human Race  
10 am O.A.

12  
**Teacher & Graduate Recognition**  
11:45am Deacons  
Youth Group  
4:30-6 pm  
6 pm Session  
Study  
7 pm Session

13  
6:30 pm Boy Scouts

14  
**Flag Day**  
6:30 am Prayer Group  
5:30 AlAnon  
7 Gender Gr.

15  
7 pm AA Men

16  
7:30 pm AA

17  
6 pm Women's Agapé Night

18  
9 am Saturday Morning Live!  
  
10 am O.A.  
  
5:30 pm Prayer Vigil for Middle East Peace @ St. James

19  
**Father's Day**  
  
(Possible Youth Group 4:30 pm)

20

21  
6:30 am Prayer Group  
5:30 AlAnon  
7 Gender Gr.

22  
July & August *Pulse* items due!  
  
7 pm AA Men

23  
4 pm Staff  
7:30 pm AA

24  
5 pm Youth Group Pizza & Packing Party  
6 pm Friday Night Social

25  
2:50 am! Youth Group departs  
10 am O.A.

26

27

28  
6:30am Prayer gr.  
10 Bible Study  
12 Women's lunch  
5:30 AlAnon  
7 Gender Gr.

29  
7 pm AA Men

30  
10 am *Pulse* crew  
7:30 pm AA

**Vacation Church School**

## WOMEN'S ASSOCIATION

Women's Group Bible Study  
*No Bible Study in June, July, or August!*  
 \* \* \*

### Women's Association Luncheon

The luncheons will continue through the summer!  
 Bring a friend if you like, and a salad to share.  
 All women are invited for food, fun and fellowship, at  
 12 pm! June 28

*Questions? Please call Phyllis Jones, 734-4504*

## ST. JAMES PRAYER CHAIN

If you have a prayer  
 St. James Prayer

request for the  
 Chain/E-mail Team



call Linda Monroe at 360-671-6594  
 or e-mail her at [Lidale@aol.com](mailto:Lidale@aol.com)

### St. James Friday Night Social and Kid's Group

Join us for an evening potluck with  
 time afterwards for visiting with our St.  
 James family. If you like, bring games,  
 cards, sewing/knitting projects, music,  
 books, or anything else that would be  
 fun. Kids through fifth grade can  
 participate in organized (and probably  
 some unorganized!) games.

WHEN: June 24, 6 pm

WHERE: Fellowship Hall (please  
 come to the downstairs door)

WHAT: Potluck dinner starting at 6;  
 please bring a dish to share. Kids'  
 group to start around 6:30.

Questions? Contact Patti Cromarty at  
 595-2639

## SATURDAY MORNING LIVE!

Saturday, June 18 at 9 am

Please join us again for Saturday Morning Live at St. James. The  
 discussion this month will be about social and economic issues in  
 the border region of the U.S. and Mexico, tied in with the Border-  
 Links program (see below). Grant Resick, son of Jan Resick and  
 current undergraduate at Cornell University, will give a brief present-  
 ation., followed by discussion. Come have a breakfast roll, coffee,  
 good fellowship, and deepening conversation!



“Cultural crossroads. Free trade zone. Region of conflict and change.  
 Regardless of your perspective, the area along the border between  
 Mexico and the United States provokes difficult questions about  
 how two very different nations can successfully coexist.

Faced with this complex situation and the increasing interrelation of  
 communities worldwide, how should concerned people respond?  
 How can communities work to address the pressures they're experi-  
 encing in the midst of these changes?

BorderLinks is committed to working across sectors to address these  
 problems by promoting and developing skills for collaborations be-  
 tween grassroots and community leaders, businesses, students,  
 churches, and others.” (from [www.BorderLinks.org](http://www.BorderLinks.org))

## SUMMER SCHEDULE STARTS JUNE 5

- ◆ St. James will switch to our Summer schedule beginning June 5. Worship will be at 10 am.
- ◆ **Special Music volunteers needed!** Music Director Carolyn Mullen is looking for volunteers to provide Special Music for our summer worship services beginning June 19. All musicians are welcome regardless of age, instrument, or experience! PLEASE call Carolyn @ 595-0934 to reserve your preferred Sunday for performance. We can arrange for an accompanist if needed. Thank you.

# THE PRESBYTERIAN CHURCH (U.S.A.) SEAL

## WHAT IT MEANS

### Cross

The center of the seal of the Presbyterian Church (U.S.A.) consists of the cross — the universal symbol of the Christian faith. The cross captures the heart of the Christian gospel, the message that in the death and resurrection of Jesus Christ we see God's love and we are offered forgiveness for our sins.



### Pulpit

The Bible of the Presbyterian seal lies on a pulpit or lectern, symbolizing the importance of preaching in the Presbyterian tradition. Presbyterians shared with other Protestants an emphasis on the sermon, preached to congregations as the word of God. . . . The Reformers restored preaching to worship — a sermon based on scripture.



### Dove

The figure of a dove, one of oldest symbols in the history of Christianity, forms the top of the cross and symbolizes the presence of God as the Holy Spirit. The dove as a symbol of the Holy Spirit has always been linked to the sacrament of baptism. In this act, God accepts us as members of a new community, bound by the power of the Spirit.



### Cup

One of the most creative features of the Presbyterian seal is the cup. The cup is supported by the central horizontal line of the cross and by the base of the cross. The cup thus becomes both a chalice and a baptismal font, symbols of the two sacraments — baptism and the Lord's Supper.



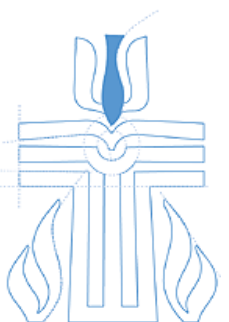
### Fire

The four flames at the base of the Presbyterian seal draw on many biblical images of fire and light. Since fire is a source of both creativity and destruction, it has a primal power that has fascinated people since the beginning of time. It therefore appears in diverse cultures and various religions as an image for the divine.



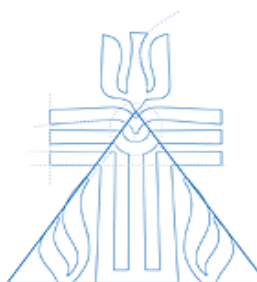
### Fish

One of the little-noticed symbols in the Presbyterian seal is the image of a fish. The hidden quality of the fish is appropriate, for the fish was used by early Christians as a secret sign that both disguised and revealed their identities as followers of Christ. The sign of the fish gives to all Christians a reminder of the cost of discipleship.



### Triangle

The triangle (implied in the Presbyterian seal) has always been used in Christian art to symbolize the Trinity. The Trinity is ultimately a mystery, but the concept is crucial in describing the nature of God as one God — “Father, Son and Holy Spirit” known to us through God's creating, redeeming, and sustaining power over all of life. This mystery of three “persons,” or three ways of knowing God, unified in one reality, is the heart of the idea of the Trinity.”



### Book

Protestants are people of the book—the Bible. The churches of the Calvinist or Reformed family of Protestantism have likewise made scripture the supreme authority for Christian faith and life. In the words of the Westminster Larger Catechism (Book of Confessions, 7.113), the Bible is “the only rule of faith and obedience.”



**WOMEN'S AGAPÉ NIGHT**

Women's Agape' Friday  
 =  
 Christian women fellowship

Put **June 17** on your calendars.

Each month will be hosted by different women. The evening includes food, conversation, games and friendship building.

Hope to see you!

**PRIME TIMERS!**

**June 10  
 6 pm**

Join the sexagenarian – centenarian St. James-ers for a long-standing event! Bring your favorite potluck dish, and a wrapped white elephant.

Questions? Please call Ann Lary, 734-7534

**How to reach your Pastor:**

**The Rev. Mary Robinson-Mohr**



910 14th St. Bellingham, WA 98225  
 (360)-733-1325 church  
 stjmary@msn.com

(360) 715-3157 home

\* \* \* \* \*  
 \* The monthly all \*  
 \* church clean-up \*  
 \* \* \* \* \*  
 \* landscaping ~ fix- \*  
 \* it ~ workday will \*  
 \* be \*  
 \* \* \* \* \*  
 \* *Saturday* \*  
 \* *June 11* \*  
 \* *9 am – 12 noon* \*  
 \* \* \* \* \*  
 \* Bring your favor- \*  
 \* ite tools, and join \*  
 \* us in maintaining \*  
 \* our lovely church! \*  
 \* \* \* \* \*

**PRAY FOR PEACE IN THE MIDDLE EAST ~  
 This month at St. James!**

**June 18, 5:30 pm**

Please join in an ecumenical prayer vigil for the Christian communities in Jerusalem, for all those who are suffering in the Holy Land, for Palestinians and Israelis, and for peace in the Middle East.

Organized by state, the vigil began in Alabama and New York the First Sunday in Advent, December 3, 2000, shifted to Alaska and North Carolina on December 4, Arizona and North Dakota on December 5, and so on. The vigil will continue on the same day each month in each state until the violence in the Middle East ends and all can celebrate a just and lasting negotiated resolution to the Palestinian-Israeli conflict. The eighteenth day of the month is designated for the state of Washington.

*"He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?"*

*Micah 6: 8*



**WORSHIP TAPES AVAILABLE FOR LOAN.**

Our morning worship service is audio-taped each Sunday. If you know of anyone who would like a copy of any recent service, please check one out in the church library.

**SUNDAY MORNING PARKING**

Four reserved (handicapped) parking spaces are designated in our front, 14th Street parking area. In addition to these designated spaces, we would like to save all of the 14th Street parking on Sunday mornings during the Worship Service for those who need level access and our first-time visitors. If you have no difficulty climbing stairs, please use the lower parking area or the Lowell playground lot. The Lowell lot is accessed off of Taylor between 14th and 15th. There is a stairway down to 14th at the south end of the area.

## FROM THE MISSION & SOCIAL ACTION COMMITTEE

- **“Presbyterians and Military Service: Questions and Answers”** The Mission and Social Action Committee is placing this publication, prepared jointly by the Office of the General Assembly and the Presbyterian Peacemaking Program, in the rack in the narthex with other materials related to Church and Society. Interested youth, parents and others can take it home to read; please return afterwards. More copies can be made if needed; please inform the church office.
- **Homeless Houses Need Sprucing Up; Interfaith Needs Volunteers:** Much help is needed this summer to spruce up Interfaith Coalition's houses for homeless families. There are many opportunities for youth groups as well as more skilled volunteers. Top-to-bottom cleaning, inside painting, weeding of yards, and light carpentry work are jobs for which Interfaith is seeking volunteers. Here are some of the volunteer opportunities:

Youth Group and Family Activities:

Inside each of Interfaith's emergency housing units could use a deep cleaning. Outside there are fences to paint and weeds to pull.

Skilled Assistance:

Carpenters and all-around handy men or women have ample opportunities to volunteer their skills for Interfaith this summer and throughout the year.

Painting:

Some of our homes are in dire need of a fresh coat of interior paint. There are opportunities for involvement now through fall.

Please lend a hand in creating a comfortable and healing environment for local homeless families.

Call Interfaith Coalition at 734-3983 for additional information.

- **The Human Race: June 11.** A group from St. James will again walk/run in this year's Human Race for United Ministries in Higher Education (U.M.H.E.) If you would like to pledge your support, please do so in the Horizon Room on Sundays prior to the race.
- **To volunteer** or to refer a senior neighbor to Interfaith Coalition's *Faith in Action* Friendly Visitor's program, please call 756-5179.
- **Seeking 2 or more members to serve as representatives to the Faith Advocacy Network:** St. James Presbyterian Church participates in the Washington Association of Churches, a faith-based state public policy education and advocacy network. The WAC convenes its Public Policy Commission each fall to determine platform priorities for their annual Legislative Agenda. If you wish to become a Faith Advocacy Network

### June Birthdays

1	George Lake
3	Ted Pritchett
5	Barbara Harnden
5	Bob Harnden
9	Jane Botsford
10	Terri Inge
11	Margaret Miller
11	Margorie Thorson
22	Trent Eason
23	Bob Smith
27	John Aubert
27	Jeff Haggen
28	Mary Hawk
28	Jack Drury



### June Anniversaries

1	Colleen & Ken Reimers		Van Halm
3	John & Bea Aubert	29	Randy & Mary
6	Ted & Bernice Pritchett		Robinson-Mohr
12	Bob & Madeleine Smith	29	Bob & Linda
16	Bob & Barbara Harnden		Raudebaugh
16	Bob & Marilyn Monahan	30	Claude & Faye
17	Tass & Les Galley		Hill
18	Frank & Gene Brown		
18	Battle & Shirley Nelson		
19	Walt & Judy Bayless		
19	Dick & Virginia Green		
20	Bill & Karen Summers		
21	Phil & Phyllis Jones		
22	Jim & Betsy Freeman		
25	Bob & Nancy Pace		
26	Sue & Don Jamps		
28	Rook & Julie		



# A LETTER FROM SACRED HEART CATHOLIC CHURCH

May 14, 2005

To our neighbors at St. James:

This coming June 4th and 5th, Sacred Heart Church will be celebrating our 100th Anniversary as a parish community. In 1905, the first Catholic church in Fairhaven was established in an old store building on 13th St., between Harris and Mill. The parish then moved to property at 14th and Larrabee, before our current church building was constructed at 15th and Knox in 1913.

We have recently repainted and refurbished our church building in anticipation of a Centennial Celebration on June 4th and 5th. On June 4th at 5:00 pm, Archbishop Alex Brunett will dedicate our new alter at a special Mass. A reception will follow in our hall, with music and historical displays. Then, on Sunday after the Masses, we anticipate a picnic type block party in the afternoon, with food and games for the kids.

But most importantly, as our neighbor, we would like to invite you to join us for our celebration on that first weekend in June. Feel free to take a tour of our church and enjoy the food and refreshments. We hope the weather will be great! Please join us!

Yours in Christ the Lord,

Rev. David Mulholland  
Pastor



## BAKED OATMEAL

FROM JENNY SUE LESCHANDER

<sup>o</sup>Baked Oatmeal<sup>o</sup>  
(served at this year's All-Parish Brunch)

In bowl (combine well):

2C Oatmeal (~ 6 pkgs of instant oatmeal)  
½ t Salt  
1½ t Baking Powder

In blender (blend thoroughly):

2 Eggs  
1C Milk  
½C Brown sugar  
¼C Oil (can substitute applesauce)

Combine wet ingredients into dry ingredients; mix well and let sit for 5 minutes. Pour into greased 8x8 dish.

Bake at 350° for 45 minutes.

\*Serve with vanilla yogurt.  
(This is the icing on the cake!)

## RHUBARB CUSTARD PIE

FROM KAREN ROGERS

*Excerpted from the St. James Covered Dish Cookbook, available from the Women's Association for only \$5! Get your copy today in the church office!!!*

1 1/2 c. sugar	2 eggs, beaten well
3 Tbsp. flour	3 c. rhubarb, cut
1/2 tsp. nutmeg	1 pie crust (9 inch)
1 Tbsp. margarine	

Line 9 inch pie pan with crust. Put rhubarb on crust. Blend sugar, flour, nutmeg, and margarine. Add beaten eggs. Beat until smooth. Pour over rhubarb. Put top crust on pie and cut vents. Bake at 450° for 10 minutes, then reduce to 350° and bake for 30 minutes.





Maverette Butler  
 Margaret de Maine  
 Marion Dobbie  
 Pat Nelson  
 Mel Reasoner  
 Margaret Rice

**The Pulse is published once per month, with the exception of the combined July/August issue.**

Articles and announcements for the next issue must be **received** in the church office no later than Wednesday, **June 22, 2005**. That issue will be mailed Thursday, **June 30**. If you have something that you would like considered for publication, call the church office at 360-733-1325, e-mail stjpres@msn.com, put it in *The Pulse* box near the church office or mail it to St. James Presbyterian Church, 910 14th Street, Bellingham, WA 98225.

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**If you wish to be added to or deleted from the church mailing list, please contact the church office:  
 360-733-1325, stjpres@msn.com**

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